

SECTIONAL AND STATE TEAM AVAILABILITY

In order to organize our Conference, Sectional and State Cross Country Teams, coaches need commitments from our cross country athletes and their families. Please see IESA rules below:

A maximum of 10 runners may be listed on the Sectional Entry Form. Up to seven of the 10 may run in the sectionals. If a school runs more than seven individuals in the sectional race, all runners in that race from that school will be disqualified and may not advance to the state meet. For purposes of advancement, teams shall be considered to consist of those runners who participated in the sectional. However, any runner whose name appears on the Sectional Entry Form may be used as a substitute at the state final provided the runner remains eligible for the meet.

Please complete and return this form to your coaches.

_____ commits to participate in the IESA Cross Country Sectional and IESA State meets if selected to represent our team. Parents agree and commit to making their child available for these meets. We understand that only 10 boys and 10 girls can be selected for the Sectional/State teams. 7 of the 10 boys and 7 of the 10 girls will actually run the races, with the remaining 3 runners attending the meets dressed and ready to run the races if needed.

Athlete's Signature _____ Date: _____

Parent Signature _____ Date: _____

Parent Signature _____ Date: _____

Please add any additional dates your child will not be available for cross country practice or meets:
