

Track Meet Information

Date: April 21st at Barrington High School

Start time: **4:00 pm**

Schools: Station, Prairie, FRG Hawthorn South

The number of entrants per event will be as follows:

Quad meets will have 2 entries for running events and relays. Field events will be limited to 3 participants.

With the exception of the hurdles, Girls running events will be run to completion. Boys will be first in field events. When the girls We ask that each school provide two coaches to officiate field events and help with timing. We also ask for a relay exchange zone judge for the 4 x 100 and 4 x 200 relays. Assignments are as follows:

Field Events

Long Jump: FRG

High Jump: Station

Shot Put: Station

Discus: Hawthorn South

Timers & Place Pickers:

1st place: Dan Young

2nd place: Prairie Coach

3rd place: FRG Coach

4th place: Hawthorne N Coach

5th place: Laura Murray

6th place: Lauren Kenny

7th place: Nicholas Magiera

8th place: Debbie Young

4 x 100m Relay inspectors:

1st exchange: Prairie Coach

2nd exchange: Hawthorn N Coach

3rd exchange: FRG Coach

4 x 200m Relay inspectors:

1st and 3rd exchange: Prairie Coach

2nd exchange: Station Coach

Other Jobs:

Starter/Referee: Gary Collins

Announcer: Mike Kallenbach

Scorers: Laura Meehan

Finish Line: Jim Bartlett, Debbie Young

Head Timer: Dan Young

Clerk of the course (Bullpen): Station Staff/Jim Bartlett

Result Runner: NJHS/Prairie Coach

Order of Events**Running Events**

The meet will start with the completion of all hurdle events. With the exception of hurdles, girls running events are held first. All girls running events will be run to completion. After completion, we will start with the boys 100 meter dash.

Race 1: 100 and 110 Hurdles (7th followed by 8th)

Race 2: 100m Dash (7th followed by 8th)

Race 3: 1600m Run (combined)

Race 4: 4 x 200m Relay (7th followed by 8th)

Race 5: 4 x 100m Relay (7th followed by 8th)

Race 6: 400m Dash (7th followed by 8th)

Race 7: 200m Dash (7th followed by 8th)

Race 8: 800m Run (combined)

Race 9: 4 x 400m Relay (7th followed by 8th)

Field events

Boys field events precede girls field events. All boys field events will be run to completion. After completion, we will start with the girls field events.

Start with:

8th grade boys Shot- 7th grade boys Discus

8th grade boys High jump-7th grade boys Long Jump

And then flip

Once all boys field events are completed, girls will begin

Start with

8th grade girls Shot- 7th grade girls Discus

8th grade girls High jump-7th grade girls Long Jump

And then flip