GRAYSLAKE NORTH TRACK MARKINGS TRACK MARKINGS

White: 200M, 300M Hurdles, 400M, 1600M—3200M Waterfall,

Common Finish Line

Gold: 100M, 100M Hurdle start, 400 Relay exchange, 100 hurdle marks

Blue: 110M Hurdle start, 1600 Relay Start, 110 hurdle marks

Red: 800 Relay start, 800 Relay exchange, 1600 Relay exchange

300 hurdle marks

Green: 800M Box Alley Starts, Break Line

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