

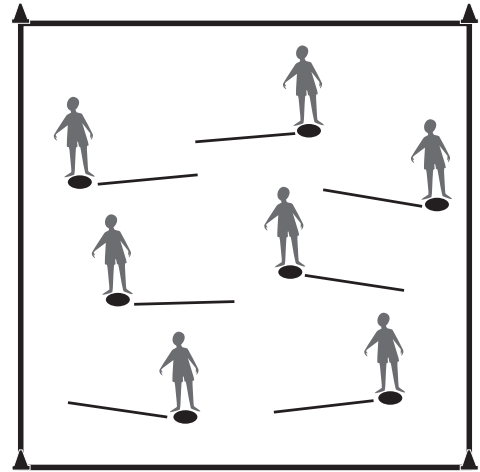


Ready

- 1 spot marker per child
- 4 cones for activity area boundaries
- 1 nylon rope per child
- *Pathway Skill Card – Straight* (SPARKfamily.org)
- Musical ASAPs – #31 and #24
- SPARK EC Music CD and player

Set

- Create activity area.
- Scatter spot markers within area.
- Place ropes outside boundaries.
- Send children to stand on spot markers.



GO!

1. **“Farmer’s Garden”** (Teach Musical ASAP #31.)
2. **Rope Selection and Exploration** (Allow 2 minutes for exploration time.)
 - Today we will play with ropes. Ropes can hurt if they hit you or someone else.
 - When you hear the color of your home, **walk** to get a rope, then place it on the floor in front of your home. (Send children by spot color to get a rope.)
 - When the music starts, play safely with your rope. Stay on your home and keep your rope inside your bubble.
 - When it stops, place your rope on the floor and listen.
3. **Straight Line Challenges** – Can you...
 - Follow me and use your magic chalk to draw a straight line? (Show *Pathway Skill Card*.) Change hands? Make your rope into a straight line on the ground?
 - Follow me and walk beside your rope to the end and walk back? Walk heel-toe, heel-toe beside your rope, down and back? Hop on one foot down one side of your rope? (Demonstrate.) Switch feet to hop back down the other side? (Vary locomotor skills.)
 - Jump forward and back over your rope? Jump from side to side over your rope with your feet together like a skier?
4. **Return Ropes** (Send children to return ropes by rope color and **walk** home.)
5. **“Letter Movements”** (Teach Musical ASAP #24.)
6. **Wrap It Up**
 - Who will tell us something we did with our ropes today?
 - What could you use at home to do that?

INTRODUCTION TO ROPES

ADAPTATIONS

Limited Space

- ★ Play *Friend to Friend* to pair children. Have one partner perform an activity with a rope while the other partner mirrors it (without a rope). Switch roles after each activity.

Variation

- ★ Have children transition from one activity to the next using different pathways.

Inclusive Strategies

- ★ Bright or shiny colors can be especially helpful to a child with a visual impairment.
- ★ Use lines for children who cannot jump over ropes.



OBJECTIVES

- ✓ Behavioral expectations
- ✓ Object manipulation
- ✓ Pathway recognition

YOUR STATE STANDARDS



ACADEMIC

Literacy

Read *Richard Scarry's Shapes & Opposites* by Richard Scarry.



FAMILY FUN



Ribbon Shapes

Use rope, ribbon or string to make shapes, like circles or squares. You can also make lines – straight, curved, or zigzag. Move with your child to walk the same shapes or lines.



TEACHER TIPS

- Share your behavioral and safety expectations with the children before *Exploration Time*.
- Have children create straight lines with short lengths of string or yarn before using ropes.
- Make sure there is ample space for safe movement around ropes.

NOTES
