

# BIG IDEA: Acceptance

## 2 types of acceptance

1. Self Acceptance
2. Social Acceptance

What does Acceptance mean to you?

- I will define myself.
- I will write my own praises.
- And no one will tell me what I can and cannot be.
- Accept a win as well as a loss  
(You learn more from a loss than a win)

## Quote:

Accept no one's Definition of your life.

**DEFINE YOURSELF**

## Higher Learning Question

-How do you become accepted?

Being accepted: (It's not easy)

- Be yourself (Strong, Fearless, Wise, Creative, & Laugh)
- Helpful, Kind, and Respectful
- Let your talent shine
- Be a loyal and Trusting Friend
- Understanding is the 1st step to acceptance, and only with acceptance is recovery.

Example: How to make New Friends

<https://www.youtube.com/watch?v=gfXdHh0LlsI>

- How do you make a first impression
- Communication
- Happiness can exist only in acceptance
- Set an example don't be an example