

Drugs/Medicines
and Earth Day
Lessons

2009-2010 HEALTH LESSON PLANS

April/May
2010

ROTATION WEEK # 6

GRADE 2 HOMEROOM Timony

DAY 1

MAIN IDEA: Medicine and Drugs

LESSON:

Big Book - 32-33

Reader - Medicines, Drugs, And You. Read & Discuss pgs 2-13

tips to bring in empty bottles on liquid or pills, prescription + non-prescription

DAY 2

MAIN IDEA: Video - Let's Talk About Drugs

LESSON: 16 minutes

① See Video binder - T pg 3-5 for Intro to class about video

② Show Video

③ Play last 3 minutes of 1st Grade video (All About Drugs). Hand-out song sheet 1st. Play 2 times. A great catchy tune children will remember!!

DAY 3

MAIN IDEA: Earth Day Lesson

LESSON: B.B. - 42-43

Reader - Taking Care of the Earth - Read & discuss pgs 2-15

Hand-out 3 pg packet - Do 1st pg. Save Resources @ Home

Do together on overhead projector.

(Put in folder)

DAY 4

MAIN IDEA: Pollution - Lesson 2

LESSON: Meet on carpet

① Read to class - Don't Pollute Anymore - Berenstain Bears

Discuss as you read the book.

② In yesterday's packet, Do the next two pages

a) Stop Noise pollution - write key words on board for help

b) Can It - write sentence by self

DAY 5

MAIN IDEA: Save our Environment.

LESSON:

What is an Endangered Species Video - 26 minutes

Tommy,

Show video - or plan another lesson



to share "Drugs" w/ their families!!

④ Do 2 sided paper - HM Review pg 77 first. Do back side of paper 2nd. Start w/ 1st 2 words - then they take off and love doing this type of paper. End hand-out (1 minute) 206-209

MUSIC VIDEO

Don't drink—don't smoke

Don't do anything

that will hurt your body or mind.

You can have fun and stay healthy too, if you keep these things in mind...

Do things with your friends that are safe and fun,

Do things that make you smile,

like sliding down slides, or climbing trees,

or riding your bikes for miles.

Don't drink—don't smoke

Don't do anything

that will hurt your body or mind.

You can have fun and stay healthy too, if you keep these things in mind...

Build towers, paint pictures, play all kinds of games,

Let your ideas flow.

Be happy, be active, do things that you like,

And your body and mind will grow.

Don't drink—don't smoke

Don't do anything

that'll hurt your friends or you.

Have fun, stay healthy and play it safe,

And do the things you like to do.

Host:

So you see, the best thing you can do to keep from taking drugs is to learn other ways to have fun. Kids' bodies get strong and grow right when they work and play hard. So there really isn't ever any reason to take drugs. Now you know all about drugs and ways to keep yourself healthy and safe.

THE END

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THE END

Name _____ Date _____

Chapter 7 Review

Circle the **T** if the sentence is True. Circle the **F** if the sentence is False.

1. Something you take when sick to get well is called a medicine.

T

F

2. A habit is an unwanted feeling or illness after taking medicine.

T

F

3. You should never take the label off a medicine bottle.

T

F

4. Alcohol is not a drug.

T

F

5. Tobacco does not harm your body.

T

F

6. A trusted adult can help you when you have a problem.

T

F

Margaret Writes a Note

THINK PAGE 4

Name: _____

Margaret wrote a note to her cousin Danny, but she used a code. Instead of using letters, she used numbers. Use the code at the side of the page to read her note.



- 1—A
- 2—B
- 3—C
- 4—D
- 5—E
- 6—F
- 7—G
- 8—H
- 9—I
- 10—J
- 11—K
- 12—L
- 13—M
- 14—N
- 15—O
- 16—P
- 17—Q
- 18—R
- 19—S
- 20—T
- 21—U
- 22—V
- 23—W
- 24—X
- 25—Y
- 26—Z

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Name _____ Date _____

Save Resources at Home

Finish the chart. Write what each word means. Then draw ways you can recycle, reuse, and reduce at home.

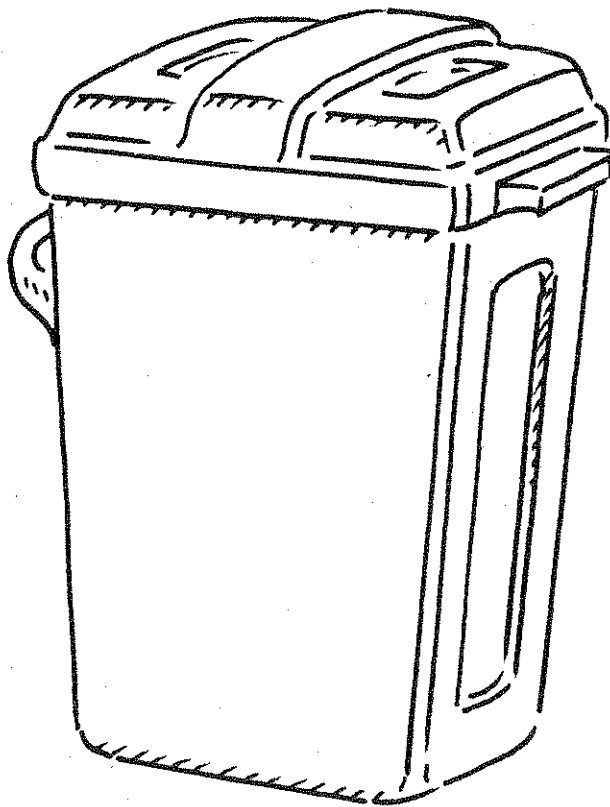
What It Means	What I Can Do At Home
Recycle: _____ _____ _____	
Reuse: _____ _____ _____	
Reduce: _____ _____ _____	

©Macmillan/McGraw-Hill

Name _____ Date _____

Can It!

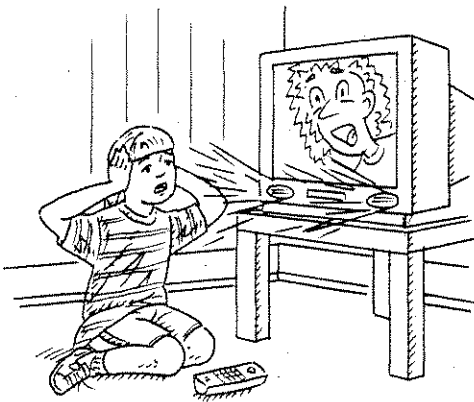
Write a sentence and make a drawing to show why litter should be thrown away.



Stop Noise Pollution

These pictures show causes of noise pollution. How can the noise pollution be stopped? Write a sentence next to each picture that tells how people can help stop noise pollution.

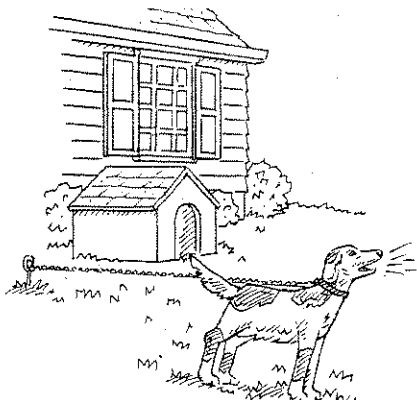
1.



2.



3.



Name _____ Date _____

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MUSIC VIDEO

*In 2000
we did this
packet on
Day 2 of
Drug/Medical
Lesson*

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and ways to keep yourself healthy and safe.

THE END

Can You Find It?

THINK PAGE 7

Name: _____

See if you can find these words in the puzzle. Then draw a line around the word. If you would like to make a pretty design, use different colors.

Hurt	Beer	Drugs	Hurt	Body
Stop	Medicine	Feelings	Stop	Pill

B	M	F	B	A	D	M
X	E	E	K	H	S	L
V	D	E	D	U	Z	K
T	I	L	R	R	B	P
G	C	I	U	T	O	I
O	I	N	G	T	D	L
O	N	G	S	N	Y	L
D	E	S	M	O	K	E

If you find any words that are
not on the list, circle them too.
Then write them on the lines.



All Mixed Up!



THINK PAGE 3

Name: _____

Unscramble the letters in the box to spell a word that belongs in the blank. Write the word on the line.

- | | |
|--|-----------------|
| 1. Once a person starts to smoke cigarettes, it's very hard to _____. | t p o s |
| 2. It is against the law for kids to drink _____. | r e b e |
| 3. Caffeine is found in _____ and in some kinds of soda. | o f e f c e |
| 4. If someone smokes near you, you can ask if you may _____ the room. | v e e l a |
| 5. Sometimes you may hurt, and there are not any _____ that will help. | s l p i l |
| 6. You have to be very _____ about what you put in your body. | r l u c a e f |
| 7. No one except your parents or your doctor should give you _____. | d e m i c e n i |

Margaret Writes a Note

THINK PAGE 4

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- 13—M
- 14—N
- 15—O
- 16—P
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- 26—Z

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