

JAN-
Feb 2010

2009-2010 HEALTH LESSON PLANS - 6 systems of body
- 5 Senses

ROTATION WEEK # 3

GRADE 2nd HOMEROOM Timmy, Szoka

DAY 1

MAIN IDEA:

Your Body

LESSON:

Reader - Your Body - pg 2-3 - Discuss - (that page should have had a pic of a teen-ager or older adult is a senior)

Do WS w/ partner (ELL pg 39 from 1st grade book)
You need 10 min. for this activity

DAY 2

MAIN IDEA:

Share on the carpet one thing you learned about

LESSON:

Reader - Your Body pg 4-7

Show Mr. Skeleton

3 reasons for bones - support, protection, movement

Systems of the Body - BB 12-13 - spend the last 20 min of class talking about each system. By end of class you should be able to point to a system, the child knows the name & the main organ of that system.

DAY 3

MAIN IDEA:

Review the 6 systems of the body

LESSON:

Whole class on carpet

Five Senses - What are your 5 senses? What system of the body controls your 5 senses?

Ask: How have you used your senses today? (Ex: taste lunch - read a book heard a train whistle)

Show DVD - You and Your 5 Senses (also on video)

Read to class on carpet "Arthur's Eyes"

DAY 4

MAIN IDEA:

Video: People who Help You Stay Healthy

LESSON:

See attached info on video

Class should be sitting on carpet for the entire class period.

Read to class "Germs Make Me Sick"

"Germs Are Not For Sharing"

DAY 5

MAIN IDEA:

Reader - pg 9-15 (Your Body) Show lungs on Oscar

LESSON:

Breathe w/ hands on chest - in w/ nose out w/ mouth to feel the inhale/exhale or expand/contract. Fist - size of heart - Feel the pumping

H.M 24 + 25 (back-to-back)

#24 - Name that System

Name: _____ Date: _____

You Are Special!

Find out what makes your partner special.

My partner's name is _____

My partner's birthday is _____

My partner's favorite food is _____

My partner likes to _____

My partner _____

My partner _____

Our Wonderful Body:

People Who Help You Stay Healthy

Space explorer Zork becomes curious when he sees a woman looking into a boy's ear. "Was she trying to find something she lost?" Zork wonders. He discovers that the woman was a doctor who was examining the boy to find out why he was sick. Jumping back in time, Zork watches other things that happen during an examination, and he sees how a doctor uses a stethoscope and other equipment. Then, along with Zork, young viewers meet many other people who help us when we're sick - several different kinds of doctors, as well as parents, school nurses, pharmacists and people who have special jobs in hospitals. When we're not sick, many of these people help us stay healthy.

12 Min., Color, #60292
Primary: Grades K-3

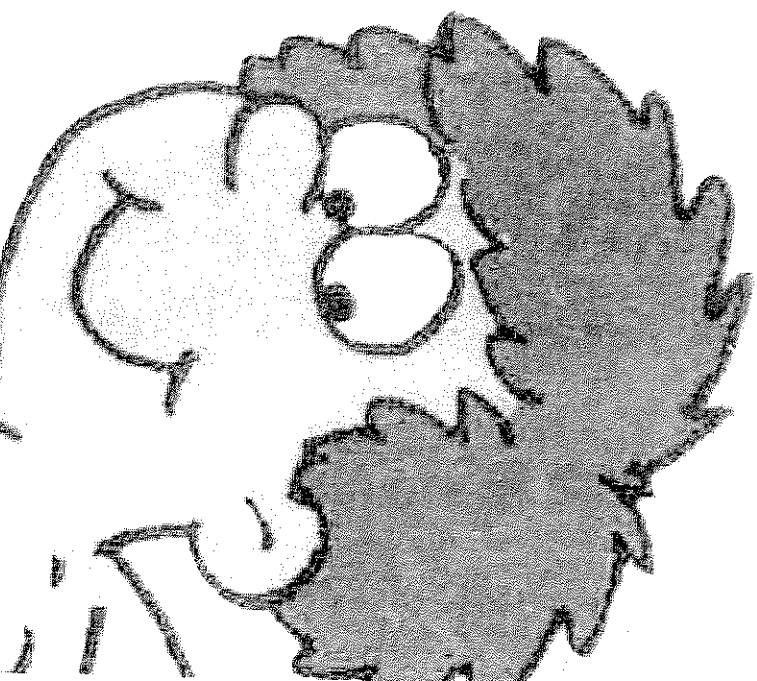


**Coronet
Film & Video**

Our Wonderful Body:
People Who Help You Stay Healthy

Our Wonderful Body:

People Who Help You Stay Healthy



Coronet Films & Video:
A Division of The Phoenix Learning Group, Inc.
2349 Chaffee Drive, St. Louis, Mo 63146
314-569-0211 FAX: 314-569-2834 800-221-1274
www.phoenixlearninggroup.com

VHS
#60292



Coronet Films & Video

Our Wonderful Body:
PEOPLE WHO HELP US STAY HEALTHY
Length: 9 1/2 minutes Code: 60292

INSTRUCTIONAL DESIGN

Meet Zork, the space creature with the very inquisitive mind. He's the star of OUR WONDERFUL BODY, a fully animated series, and he wants the answers to such questions as how human beings breathe, digest, move, grow, how their hearts work and body systems coordinate things. Being a very naive alien and learner lets Zork ask very elementary questions—just right for an audience of primary students. Sometimes Zork's misunderstandings lead him into humorous situations and wrong conclusions, all of which go far to captivate young viewers and make learning fun. With the help of his Zorkvision abilities and a friendly narrator, Zork comprehends the wonders of the human body and makes his education a pleasure for all those young humans watching.

OBJECTIVES

Viewers will:

- * Appreciate the roles of parents and the school nurse as the first people to help a child who is sick or injured
- * Observe some of the things that take place during an examination by a pediatrician
- * Understand why a prescription is taken to a pharmacist
- * Become aware of several different types of doctors and their specialties
- * Realize that a sick person is helped by many people who work in hospitals and laboratories
- * Recognize that medical workers also help healthy people stay healthy

VOCABULARY

examining	emergency	normally	ophthalmoscope	pediatrician
gerontologist	audiologist	physical therapist	ache	injury
stethoscope	pharmacist	internist	obstetrician	dietician
				otoscope
				immunization

BEFORE VIEWING

1. How many different kinds of doctors do you know about? Why do you think we need different kinds of doctors?
2. What kinds of tools have you seen being used by a doctor or nurse? What did they do with the tools?
3. Have you ever had to stay in a hospital or visited someone in a hospital? What people did you see working there? What jobs were those people doing?

AFTER VIEWING

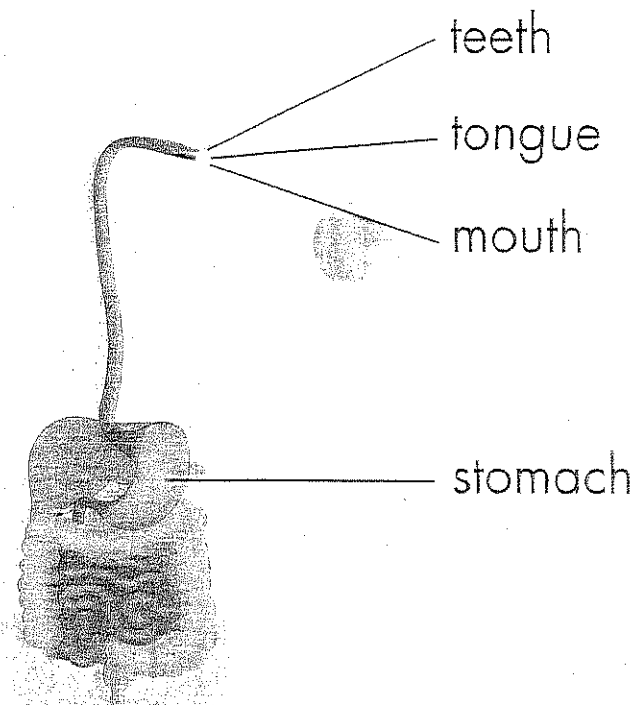
1. Suppose you feel sick and go to your parents or a nurse for help. Why is it important to tell as much as you can about how you feel?
2. When you visit a doctor, what body parts does the doctor examine with special flashlights? What does the doctor do to find out about your heart and lungs?
3. When a doctor gives you a prescription, what should you do with it?
4. What different kinds of doctors have you visited? Would your parents and your grandparents go to all of the same doctors?
5. In a hospital, what jobs are done by nurses?
6. What doctors or other medical workers would you visit when you're not sick? What would these people do for you?
7. List some of the things you can do yourself to stay healthy.

SICK!

Name _____ Date _____

Down the Hatch!

Where does food go after you chew it? Draw a picture to show. Trace the path of food through the digestive system.



Name That System

Match each body system with the job it does.

- | | |
|----------------|--|
| 1. nervous | the body system that tells your body what to do |
| 2. muscular | |
| 3. digestive | the body system that helps you breathe |
| 4. respiratory | the body system that helps your body move |
| 5. circulatory | |
| 6. skeletal | the body system that helps you eat |
| | the body system that helps move blood around your body |
| | the body system that helps protect the soft parts inside your body and gives your body a shape |

Name: _____ Date: _____

Being Healthy

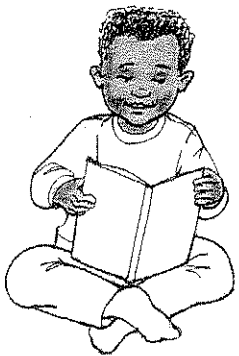
Draw things you do to be healthy.

I take care of my body.



*Extra for
ideas for
another year*

I take care of my mind.



Name: _____ Date: _____

Being Healthy

Draw things you do to be healthy.

I take care of my body.



I take care of my mind.

