

**2017 IESA Sectional Meet
North Chicago High School
May 13, 2017 9:00am**

Hawthorn Middle School North and North Chicago Neal will be hosting this year's IESA Sectional meet on Saturday May 13th at North Chicago High School. Thanks to Keith Turner, Athletic Director, and many others.

Included in this packet is general information, map of the school, guidelines for the use of the facilities, as well as seeding information for the meet.

There will be a seeding meeting held on **Wednesday, May 10th at 5:30pm in the Cafeteria of Hawthorn Middle School North - 201 Hawthorn Parkway, Vernon Hills.**

(Food will be provided).

In case of problems or additional information needing to be sent, would each head coach please send an e-mail to Jennifer Harris (harrisj@hawthorn73.org). My cell is 847.989.3053.

- Their Name
- School
- Head Coach of What Gender/Grade
- Cell Phone Number to be reached at for last minute information

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SEEDING ENTRY INFORMATION

ALL entries must be entered on line through IESA “on-line” by **Tuesday, May 9th by 4:00pm** so they can be seeded correctly for the seeding meeting on Wednesday, May 10th at 5:30pm.

Our official IHSA Starters are Steven Kessler and Benjamin Knudson.

We will allow last minute changes at the seeding meeting, **BUT WE WOULD LIKE TO KEEP THESE TO A MINIMUM.** If you have changes after you submit your entries on-line, you can make changes on your own up until the deadline date on your own via the website. We will be there at 5:00pm to start making changes that coaches may have to help save time.

A listing of coaching responsibilities for the meet will be distributed at the seeding meeting. We have some volunteers to alleviate coaches from having to do all of the work. Each school will be responsible for a field event all day which they can sign up for at the seeding meeting, but everyone must sign up for a field event. Also, timing lanes are assigned in the case that we would need to go manual.

We will be using FAT timing. We are fortunate to have a knowledgeable and experienced company, Sports Stats USA, in care of the computerized seeding and scoring for the meet. They will be uploading all the entered information from IESA for the seeding meeting to be used at the meet.

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ORDER OF EVENTS (all times are approximate)

Please Note: Teams arrive no earlier than 8:00am to NCHS
8:30 Coaches Meeting - location will be announced

9:00am -

Boys Report To Field Events

- Shot Put - 8th Boys / 7th Boys
- Discus - 7th Boys / 8th Boys
- Long Jump - 8th Boys / 7th Boys
- High Jump - 7th Boys / 8th Boys

9:00am

Girls Running Events

- (9:00am) • 7th Girls 100m Hurdle Prelims followed by 8th Girls Prelims (Top 2 advance to finals)
** Brief Rest Period Before Finals
 - (9:30am) • 7th Girls 100m Hurdle Finals followed by 8th Girls Finals
 - (9:35am) • 7th Girls 100m Dash Prelims followed by 8th Girls Prelims (Top 2 advance to finals)
 - (9:45am) • 7th Girls 1600m Finals (Heat 1)
 - (9:55am) • 7th Girls 100m Dash Finals followed by 8th Girls Finals
 - (10:00am) • 7th Girls 1600m Finals (Heat 2)
 - (10:10am) • 8th Girls 1600m Finals (Heat 1)
 - (10:20am) • 8th Girls 1600m Finals (Heat 2)
 - (10:25am) • 7th Girls 4x200m Relay Finals followed by 8th Girls Finals (2 Heats each grade)
 - (10:30am) • 7th Girls 4x100m Relay Finals followed by 8th Girls Final (2 Heats each grade)
 - (10:50am) • 7th Girls 400m Run Finals followed by 8th Girls Finals (4 Heats each grade)
 - (11:10am) • 7th Girls 200m Dash Finals followed by 8th Girls Finals (4 Heats each grade)
 - (11:30am) • 7th Girls 800m Run Finals followed by 8th Girls Finals (2 Heats each grade)
 - (11:50pm) • 7th Girls 4x400m Relay Finals followed by 8th Girls Finals (2 Heats each grade)
- *Short Break for Officials between boys and girls events.

12:45pm

Boys Running Events – Girls Field Events

Girls Report To Field Events

- Shot Put - 8th Girls / 7th Girls
- Discus - 7th Girls / 8th Girls
- Long Jump - 8th Girls / 7th Girls
- High Jump - 7th Girls / 8th Girls

Boys Running Events

- (12:45pm) • 7th Boys 110m Hurdle Prelims followed by 8th Boys Prelims (Top 2 advance to finals)
** Brief rest period before finals
- (1:15pm) • 7th Boys 110m Hurdle Finals followed by 8th Boys Finals
- (1:20pm) • 7th Boys 100m Dash Prelims followed by 8th Boys Prelims (Top 2 advance to finals)
- (1:30pm) • 7th Boys 1600m Finals (Heat 1)
- (1:40pm) • 7th Boys 100m Dash Finals followed by 8th Boys Finals
- (1:45pm) • 7th Boys 1600m Finals (Heat 2)
- (1:55pm) • 8th Boys 1600m Finals (Heat 1)
- (2:05pm) • 8th Boys 1600m Finals (Heat 2)
- (2:20pm) • 7th Boys 4x200m Relay Finals followed by 8th Boys Finals (2 Heats each grade)
- (2:30pm) • 7th Boys 4x100m Relay Finals followed by 8th Boys Finals (2 Heats each grade)
- (2:50pm) • 7th Boys 400m Run Finals followed by 8th Boys Finals (4 Heats each grade)
- (3:10pm) • 7th Boys 200m Dash Finals followed by 8th Boys Finals (4 Heats each grade)
- (3:30pm) • 7th Boys 800m Run Finals followed by 8th Boys Finals (2 Heats each grade)
- (3:50pm) • 7th Boys 4x400m Relay Finals followed by 8th Boys Finals (2 Heats each grade)

4:30pm

Presentation of Awards / Ribbon Pickup in Press Box and All Results will be posted

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Immediately following the meet, PLEASE have your athletes clean up their seating camp areas. Bring all their stuff with them, and remove the hip sticker from their uniform (so it doesn't go through the wash). We want to keep this beautiful facility as clean as we found it.

Clean Up By All Teams (Garbage cans will be provided around the facility).

Tent set up is available on the north field outside the track area next to the concession stand.

Tabulation of Results - Final paperwork results will be available on-line and sent to IESA

Eligibility

- A. 4 events max.
- B. 2 relays (may not be 4x100 & 4x200)

Scoring:

Individual & Relay: 10-8-6-4-2-1

Awards:

Ribbons will go to the top 6 places in each event. A championship trophy/plaque will also be awarded to each of the grade levels for boys and girls.

Finals Results:

Final results will be posted to IESA. Coaches please verify that all information is correct

Equipment:

Most all equipment will be provided - shots, discus, batons **You must supply your own starting blocks.**

Spikes:

Only ¼" Pyramid Spikes are permitted on the track.

False Starts:

One false start is allowed. A second false start will result in a disqualification.

Trainer:

We will have a trainer on-site for the event. Please bring your own first aid kit for minor issues. The trainer will **NOT** be doing preventative taping of athletes.

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Concessions:

North Chicago High School will be full service. Each coach will be given a meal ticket to use once during your day.

Athlete Drop-off / Bus Parking:

18th & Hervey

Admission:

\$4.00 for adults and \$2.00 for (K-8) and senior citizens.

There will be 2 entry gates for admission near the parking lots listed below.

Parking:

Spectator Parking

1717th Street, North Chicago, IL
1905 Argonne, North Chicago, IL

Spectator Entrances

Lewis Ave & Argonne Dr.

Please **do not** park at the Community Center near the high school as they have an event the same day as our meet.

School/Athlete/Parent Responsibility:

1. Athletes are expected to stay off of the track and the infield unless they are competing or called to the bullpen. Appropriate Sportsmanship is expected to be displayed at ALL times
2. Parents are not permitted in competition areas. At no time will they be permitted down on the track.
3. At the end of the meet ALL teams are expected to thoroughly clean their area/camp in the bleachers.

Important Dates To Remember:

All online entries on-line in IESA by **4:00pm on Tuesday May 9th**

The seeding meeting will be held on **Wednesday, May 10th at 5:30pm** in the Cafeteria of Hawthorn Middle School North (201 Hawthorn Parkway, Vernon Hills). We look forward to seeing everyone there! Please contact us if you have any questions!