

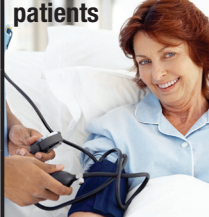







## Your Donations Make a Difference

### Building Healthier Lives in the Midwest Affiliate

Illinois, Indiana, Iowa, Kansas, Michigan, Minnesota, Missouri, Nebraska, North Dakota, South Dakota and Wisconsin

 children	<b>\$300</b>	Provides 100 families with information after the birth of a child with congenital heart defects.
	<b>\$500</b>	Teaches 500 students about physical activity and nutrition through our Jump Rope and Hoops For Heart programs.
	<b>\$600</b>	Helps train the next generation of lifesavers with CPR in Schools Training Kits.
	<b>\$1,000</b>	Funds a rally at the State Capitol where students/teachers/parents advocate for phy ed/better nutrition in schools.
	<b>\$15,000</b>	Funds a Teaching Garden to encourage elementary students and their families to eat more fruits and vegetables.
 families	<b>\$100</b>	Provides 100 people with materials for My Life Check, our online health assessment and action plan.
	<b>\$2,500</b>	Trains 250 people to save a life with our innovative take-home CPR Anytime Kit, which also covers choking relief and AED awareness.
	<b>\$5,000</b>	Provides a Community Action Grant to a non-profit organization to implement a program that improves the health of area residents.
 patients	<b>\$100</b>	Equips a hospital with resources to educate 50 patients and caregivers about preventing and living with stroke, our nation's No. 4 killer and a leading cause of disability.
	<b>\$500</b>	Helps 100 stroke survivors cope with life after stroke through a 1-year subscription to our <i>Stroke Connection</i> magazine
	<b>\$1,000</b>	Establishes our Sharegivers stroke peer visitor program at 10 hospitals.
	<b>\$5,000</b>	Provides a Webinar, consultation and materials to help 50 hospitals use our Get With the Guidelines program to improve treatment of heart and stroke patients.
 women	<b>\$100</b>	Allows 10 girlfriends to attend an educational event about heart-healthy living.
	<b>\$1,000</b>	Provides 500 women with Go Red For Women® resources, including our red dress pin and heart-health tools.
 high-risk-groups	<b>\$300</b>	Gives 30 Power To End Stroke® volunteers toolkits to educate African-Americans about their high risk of stroke.
	<b>\$2,500</b>	Recruits and trains 100 volunteer madrinas to educate their fellow Latinas on heart health through our Go Red Por Tu Corazon program.
	<b>\$2,500</b>	Enables 50 faith-based groups to educate members through Wear Red Sunday and Power Sunday events.
 research	<b>\$5,000</b>	Brings five heart disease and stroke survivors to Washington, D.C., to urge their lawmakers to fund cardiovascular research and prevention programs.
	<b>\$25,000</b>	Funds a one-year pre-doctoral fellowship to help a medical student begin a career in heart or stroke research.
	<b>\$40,000</b>	Allows undergraduate students to work with established investigators to help train the next generation of researchers.

**Research**  
Creating Medical Miracles

**Health Education**  
Prevention • Emergency Care • Treatment

**Advocacy**  
Promoting Public Health Policies